

# Family Talk



All in the Family Toastmasters Club Newsletter March 2002

Contest Season	Club Goals	~ NEW MEMBERS ~
New Books	Your Turn	TidBits: The Tude!

## Contest Season

The **Evaluation Contest** was held on February 6th. Russell Sandidge brought some of his club members from PEC Toastmasters Club to help us with the contest. The Contest Chairman was Mark Freemantle; the Chief Judge was Russell Sandidge; and our model speaker was Sumeet Vij, with his talk entitled "You're on Your Own".

The participants were Jeff Gordon, Erin Ward, Teri Harbour-Vito, Rick Eshbach, Suzanne Dotson, and Linda Yao. The winner of the Evaluation Contest was Erin Ward. Second Place went to Jeff Gordon, and Third Place prize went to Teri Harbor-Vito. Erin will represent All in the Family Toastmasters at the Area contest.

The **International Speech Contest** was held on February 20th. The Contest Chairman was Carol Patton and the Chief Judge was Rita Kaufman.

The participants were Carl Mitlehner with his talk "Embracing Change", Teri Harbour-Vito with her talk "Dance-Out", and Rick Eshbach with his talk "Paranoia Teddy". All did an exceptional job of entertaining and inspiring the audience. In a close race Carl Mitlehner received the 3rd place award, Teri Harbour-Vito received 2nd place honors, and Rick won 1st place. Rick Eshbach will represent All in the Family Toastmasters at the Area Contest.

The Area Contest will be held at the Fairfax County Government Center on Friday, March the 22nd. Get out there and support your club!

\*\*\*\*\* **DISTINGUISHED CLUB PROGRAM** \*\*\*\*\*

By Carol Patton

All in the Family members are working very hard this year to obtain the President's Distinguished Club award. As of March 6, 2002, the following members have achieved awards.

Carl Mitlehner, Suzanne Dotson, and Teri Harbour-Vito has received their Competent Toastmaster (CTM) educational awards. Cliff Taylor has received his Advanced Toastmaster Bronze (ATM-B) education award. Carol Patton, working under the Leadership Track, has earned her Competent Leader (CL) award.

Our Club conducted a successful membership building campaign; and we have 8 new members.

I am pleased to announce that all 7 officers attended both Officers' Training during this Fiscal year. This entitles "All in the Family" Club's name to be placed on the Golden Toaster for the first time. Each Officer has made a commitment and set high standards in education and leadership.

I am very proud to be President of this Club. I know we will successfully complete our communication and leadership goals, and receive the President's Distinguished Club Award.

~ **NEW MEMBERS** ~

We welcome **Lauren Meister** and **Jeff Gordon**. They are your newest members of All in the Family Toastmasters.

Your experiences here will be guided by your participation. We know that it can be a bit scary to join a new club. Be assured that you have chosen wisely. Your fellow Toastmasters are on your side. We want you to be successful. We want you to experience all of the fun and exhilaration that Toastmasters can bring.

It is great to have you as our new friends.

~~~~**Your Invitation to come to the Area Contest!**~~~~

Support your fellow members who will be competing at the area contest on March 22nd.

It will be held in Conference Room 4/5 of the Fairfax County Government Center.

The contest will include the Evaluation contest and the International speech contest.

The entrance fee is \$5. The contest will start at 6:30pm and registration at 6:00pm.

There will be door prizes, 50/50 raffle ticket event, and food & beverages.

The **District 27 Website** has all the information on upcoming **Contests**

Check it out at - [http://www.d27tm.org/s\\_contests/](http://www.d27tm.org/s_contests/)

## New Books

A growing gallery of new books **are available to YOU** from the club library.  
Sign out a book today! Here are the latest additions -

**In The SpotLight: Overcome Your Fear of Public Speaking and Performing** by Janet E. Esposito  
A must read for anyone who fears public speaking and performing.

**How to Say It : With Your Voice** by Jeffrey Jacobi  
The author explains, in rich detail, how to use your voice to your advantage.  
Read this book before the next time you have something important to say.

**How to Develop Self-Confidence and Influence People by Public Speaking** by Dale Carnegie  
A very readable book, with loads of "practical" examples, and with an excellent summary after each chapter.  
This book can be a help for both the novice and expert speaker.

**Involving Your Audience: Making It Active** (Part of the Essence of Public Speaking Series)  
by Karen E. Lawson

Discover how to get the audience to interact with one another-and the speaker!

**Using Stories and Humor: Grab Your Audience** (Part of the Essence of Public Speaking Series) by Joanna Slan  
This is an ideal reference for professionals and novice speakers who want be remembered by their audiences.

**101 Ways to Improve Your Communication Skills Instantly** by Jo Condrill and Bennie Bough  
A power-packed, easy-to-use guide for speakers.  
It is especially useful for persons using English as a second language.

**Secrets of Power Presentations** by Peter Urs Bender  
This book offers practical advice to help readers enhance their presentations.

## Your Turn

On each and every Toastmaster Application for Membership there is "A TOASTMASTER'S PROMISE" section which calls you to commit your efforts in service to the club. There are promises like - attending all club meetings regularly, preparing for and fulfill meeting assignments, and helping the club maintain a positive, friendly environment.

This is the time of year that you may be contacted by a club officer to participate in one of the biggest and best promises! This promise is "to serve your Club as an officer when called upon to do so."

Serving as an officer is great experience. It does not take a great deal of time and effort. It is a wonderful learning experience. It is fun to be on a team. You can achieve a big step toward your Toastmasters "Competent Leader" certification. You can make important contributions that help your membership realize their goals.

Please don't pass up your opportunity for this extraordinary experience.  
You have the knowledge and understanding to successfully command any of the seven officer's roles for your Club.  
Which officer's position would you favor?

Take your pick from the **Officers and General Duties** list on the next section.

## Officers and General Duties

**President** - Is the Chief Executive Officer of the Club and is responsible for fulfilling the mission of the club.

**VP Education** - Second ranking officer. Is responsible for planning organizing and directing a club program which meets the educational needs of the individual members. Schedules meetings and contests.

**VP Membership** - Manages club membership building program. Greets guests and answers their questions about participation in the club.

**VP Public Relations** - Handles promotion of the Club through various forms of media. Is the editor of the newsletter.

**Secretary** - Manages rosters, name tags, and provides support to other officers. Responsible for club records and correspondence.

**Treasurer** - Keeps clear financial records of club business and sees that the club is financially stable.

**Sergeant at Arms** - Responsible for club property. Handles meeting room details. Sets up equipment.

## TidBits: The Tude!

Any fact facing us is not as important as our attitude toward it, for that determines our success or failure. The way you think about a fact may defeat you before you ever do anything about it. You are overcome by the fact because you think you are.

**Norman Vincent Peale**

Nothing can stop the man with the right mental attitude from achieving his goal; nothing on earth can help the man with the wrong mental attitude.

**Thomas Jefferson**

I can't accept not trying.

**Michael Jordan**



All in the Family Toastmasters

Club 5646, Area 46

Division D, District 27

Main Homepage- <http://www.geocities.com/allinthefamilytm/>

Members Homepage- <http://www.geocities.com/allinthefamilytm/a>

Club Officers 2001-2002

President Carol E. Patton 703-324-3050

VP Education Russell Sandidge 703-277-3311

VP Membership Teri Harbour-Vito 703-757-6582

VP Public Relations Rick Eshbach 703-830-2200

Treasurer Rita Kaufman 703- 324-3048

Secretary Amy Kegley 703-324-8368

Sergeant-At-Arms Bruce McKenzie 703-324-4933

All in the Family meets the first and third Wednesday of every month, 12:15-1:15 p.m., in the Fairfax County Government Center, 12000 Government Center Parkway, Fairfax, Virginia.

Room location is posted on the television monitor in the lobby.

All in the Family is committed to provide a mutually supportive and positive learning environment in which every member has the opportunity to develop communication and leadership skills, which in turn foster self-confidence and personal growth.

